

Tomato Onion Peanut Butter Sandwiches

Ingredients:

Whole Grain Bread – toasted

Tomato – sliced

Onion – sliced

Peanut butter (no sugar)

Mayo

Toast bread, spread peanut butter on one slice, mayo on other. Layer sliced tomato and onion and add touch of salt if desired.

Taste This!

Howard County Farmers' Market

July 27, 2018

Tomatoes in today's tasting were grown by Salinas Farm and J & S Farms.